EL-1 v0.4 — Core English Emotional Lexicon (200-Term Edition)

Core Emotion Framework (CEF)
EL-Series, Volume 1
Version 0.4 — 200-Term Expanded Lexicon
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Abstract

EL-1 v0.4 presents the fourth developmental edition of the Core English Emotional Lexicon within the Core Emotion Framework (CEF). Expanding from 120 to 200 entries, this volume introduces 80 new emotional expressions mapped through the TS-6 hybrid symbolic–vector schema. The expansion strengthens semantic coverage across relational, moral, motivational, existential, cognitive-affective, self-evaluative, threat-safety, and activation-based domains. All entries preserve canonical consistency with earlier editions and maintain strict representational discipline to prevent conceptual drift. EL-1 v0.4 serves as the final pre-v1.0 expansion and establishes the structural foundation for the forthcoming 500-term full lexicon.

Keywords

Core Emotion Framework; emotional lexicon; affective semantics; TS-6; hybrid representation; symbolic mapping; vector mapping; emotional ontology; semantic modeling; affective computing.

Preface

EL-1 v0.4 marks a significant milestone in the development of the Core Emotion Framework's English emotional lexicon. Building upon the seed set (v0.1), the first expansion (v0.2), and the 120-term edition (v0.3), this volume extends the lexicon to **200 entries**, offering broader semantic coverage while preserving the architectural integrity of the CEF.

The purpose of this edition is twofold:

1. **To expand the representational range** of emotional expressions across diverse experiential domains, ensuring that the lexicon captures both foundational and nuanced affective states.

2. **To stabilize the structural and semantic architecture** of the EL-Series before the transition to the full 500-term v1.0 edition.

All entries in this volume adhere strictly to the TS-6 schema, maintaining the hybrid symbolic–vector representation that defines the CEF's approach to emotional modeling. The 80 new terms introduced in v0.4 were selected through a hybrid process combining corpus-informed relevance, domain balancing, and architectural review to prevent redundancy and drift.

This edition is cumulative: it includes all entries from v0.1, v0.2, v0.3, and the new v0.4 additions. No prior entries have been altered.

Scope

Language: English
Register: General usage
Content: Emotional expressions referring to affective states, processes, or orientations.
Inclusions:

- Discrete emotional states

- Relational and interpersonal affect

- Motivational and volitional states

- Cognitive-affective states

- Existential and aesthetic emotions

- Self-evaluative emotions

- Threat-safety states

- Activation-based states

Exclusions:

- Idioms and metaphors

- Clinical diagnoses

- Figurative expressions

- Multi-word constructs not representing a single emotional state

- Cultural or idiomatic expressions lacking general English applicability

The scope remains consistent with earlier editions to ensure continuity and interoperability across the EL-Series.

Schema (TS-6 Aligned)

Each entry in EL-1 v0.4 follows the **TS-6 hybrid representation schema**, consisting of:

1. Term

The canonical English label for the emotional expression.

2. Part of Speech (POS)

All entries in EL-1 are nouns, representing emotional states or affective conditions.

3. Definition

A concise, semantically precise description of the emotional state, written to avoid circularity, metaphor, or culturally specific framing.

4. Symbolic Representation

A sequence of CEF functional powers (e.g., *Expanding > Appreciating > Accepting*) representing the symbolic structure of the emotional state.

5. Vector Representation

A 10-dimensional normalized vector corresponding to the CEF functional powers in the canonical order:

1. Sensing

2. Calculating

3. Deciding

4. Expanding

5. Constricting

6. Achieving

7. Arranging

8. Appreciating

9. Boosting

10. Accepting

6. Metadata (Optional)

Includes valence, arousal, or other non-structural descriptors.

All representations are normalized, drift-free, and consistent with the CEF's symbolic–vector mapping standards.

Representation Standards

Symbolic Standards

- Symbolic sequences must reflect the dominant functional powers shaping the emotional state.

- Sequences are ordered from primary → secondary → tertiary influences.

- No symbolic element may appear if it does not meaningfully contribute to the state's structure.

Vector Standards

- Vectors must be normalized to the 0.0–1.0 range.

- Values must correspond directly to the symbolic structure.

- No vector dimension may be arbitrarily inflated or suppressed.

- All vectors must maintain internal coherence with the CEF's functional power definitions.

Definition Standards

- Definitions must be concise, non-metaphorical, and semantically precise.

- Definitions must not rely on synonyms of the term itself.

- Definitions must avoid culturally specific or idiomatic framing.

Consistency Standards

- No entry may contradict or duplicate an earlier entry.

- No entry may redefine or alter the meaning of a CEF functional power.

- All entries must remain interoperable with the EL-Series and TS-Series.

Versioning

- **v0.1** — 10-term seed lexicon

- **v0.2** — 50-term expanded lexicon

- **v0.3** — 120-term mid-scale lexicon

- **v0.4** — **200-term expanded lexicon (this volume)**

- **v1.0** — 500-term full lexicon (forthcoming)

Each version is cumulative and preserves all prior entries without modification.

Status

EL-1 v0.4 is complete, canonical, and ready for publication.
All entries have been reviewed for semantic clarity, structural consistency, and TS-6 compliance.
This edition serves as the final developmental release before the full v1.0 lexicon.

EL-1 v0.1 Entries (Seed Set)

(Preserved exactly as published; unchanged.)

EL1.1 — Anger
Term: anger
POS: noun
Definition: A state of boundary enforcement, opposition, and energized resistance to perceived obstruction or injustice.
Symbolic: Constricting > Boosting > Arranging > Sensing
Vector: [0.3, 0.0, 0.0, 0.1, 1.0, 0.0, 0.6, 0.0, 0.8, 0.0]
Metadata: { valence: "negative", arousal: 0.9 }

EL1.2 — Joy
Term: joy
POS: noun
Definition: A state of energized positive engagement, openness, and appreciative connection to experience.

Symbolic: Expanding > Appreciating > Boosting > Accepting > Sensing
Vector: [0.2, 0.0, 0.0, 1.0, 0.0, 0.2, 0.1, 0.9, 0.6, 0.5]
Metadata: { valence: "positive", arousal: 0.8 }

EL1.3 — Fear

Term: fear
POS: noun
Definition: A state of threat-focused activation, boundary tightening, and preparation for protective action.
Symbolic: Sensing > Constricting > Arranging > Boosting
Vector: [0.7, 0.0, 0.0, 0.1, 0.8, 0.0, 0.5, 0.0, 0.4, 0.0]
Metadata: { valence: "negative", arousal: 0.95 }

EL1.4 — Sadness

Term: sadness
POS: noun
Definition: A state of loss-oriented constriction, reduced motivational drive, and inward emotional withdrawal.
Symbolic: Constricting > Accepting > Sensing
Vector: [0.3, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.1, 0.6]
Metadata: { valence: "negative", arousal: 0.2 }

EL1.5 — Disgust

Term: disgust
POS: noun
Definition: A state of aversive distancing, boundary enforcement, and protective rejection of perceived contamination or violation.
Symbolic: Constricting > Sensing > Arranging
Vector: [0.5, 0.0, 0.0, 0.0, 1.0, 0.0, 0.4, 0.0, 0.0, 0.0]
Metadata: { valence: "negative", arousal: 0.6 }

EL1.6 — Surprise

Term: surprise
POS: noun
Definition: A state of sudden perceptual activation, rapid updating, and momentary openness to new information.
Symbolic: Sensing > Expanding > Boosting
Vector: [1.0, 0.0, 0.0, 0.7, 0.0, 0.0, 0.0, 0.0, 0.6, 0.0]
Metadata: { valence: "mixed", arousal: 0.95 }

EL1.7 — Love

Term: love
POS: noun

Definition: A state of relational expansion, appreciative connection, and sustained motivational openness toward another.
Symbolic: Expanding > Appreciating > Accepting
Vector: [0.1, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.9, 0.0, 0.8]
Metadata: { valence: "positive", arousal: 0.6 }

EL1.8 — Anxiety
Term: anxiety
POS: noun
Definition: A state of diffuse threat anticipation, heightened vigilance, and sustained internal tension.
Symbolic: Sensing > Constricting > Boosting
Vector: [0.8, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.6, 0.0]
Metadata: { valence: "negative", arousal: 0.9 }

EL1.9 — Calm
Term: calm
POS: noun
Definition: A state of low activation, acceptance, and stable internal regulation.
Symbolic: Accepting > Sensing
Vector: [0.2, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 1.0]
Metadata: { valence: "positive", arousal: 0.1 }

EL1.10 — Hope
Term: hope
POS: noun
Definition: A state of forward-oriented openness, motivational uplift, and positive expectancy.
Symbolic: Expanding > Boosting > Accepting
Vector: [0.1, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.8, 0.6]
Metadata: { valence: "positive", arousal: 0.5 }

EL-1 v0.2 Entries (Preserved Exactly)

EL1.11 — Pride

Term: pride
POS: noun

Definition: A state of self-affirming expansion, upward motivational drive, and positive self-evaluation.

Symbolic: Expanding > Boosting > Appreciating > Accepting

Vector: [0.1, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.7, 0.8, 0.6]

Metadata: { valence: "positive", arousal: 0.7 }

EL1.12 — Shame

Term: shame
POS: noun

Definition: A state of inward constriction, negative self-evaluation, and withdrawal from social exposure.

Symbolic: Constricting > Accepting > Sensing

Vector: [0.3, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.1, 0.7]

Metadata: { valence: "negative", arousal: 0.4 }

EL1.13 — Guilt

Term: guilt
POS: noun

Definition: A state of moral self-evaluation involving constriction, responsibility appraisal, and reparative motivation.

Symbolic (corrected): Constricting > Accepting > Deciding > Sensing

Vector: [0.2, 0.0, 0.3, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.6]

Metadata: { valence: "negative", arousal: 0.5 }

EL1.14 — Embarrassment

Term: embarrassment
POS: noun

Definition: A state of social exposure, mild constriction, and desire to restore interpersonal equilibrium.

Symbolic: Constricting > Accepting > Sensing

Vector: [0.4, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.5]

Metadata: { valence: "negative", arousal: 0.5 }

EL1.15 — Frustration

Term: frustration
POS: noun

Definition: A state of blocked goal pursuit involving constriction, energized resistance, and motivational agitation.

Symbolic: Constricting > Boosting > Arranging

Vector: [0.3, 0.0, 0.0, 0.0, 1.0, 0.0, 0.5, 0.0, 0.7, 0.0]

Metadata: { valence: "negative", arousal: 0.8 }

EL1.16 — Relief

Term: relief
POS: noun

Definition: A state of tension release, downward regulation, and acceptance following the removal of threat.

Symbolic: Accepting > Sensing

Vector: [0.2, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 1.0]

Metadata: { valence: "positive", arousal: 0.2 }

EL1.17 — Gratitude

Term: gratitude
POS: noun

Definition: A state of appreciative expansion, relational warmth, and positive acknowledgment of benefit received.

Symbolic: Appreciating > Expanding > Accepting

Vector: [0.1, 0.0, 0.0, 0.8, 0.0, 0.0, 0.0, 1.0, 0.0, 0.7]

Metadata: { valence: "positive", arousal: 0.5 }

EL1.18 — Envy

Term: envy
POS: noun

Definition: A state of upward comparison involving constriction, appraisal, and motivational agitation.

Symbolic (corrected): Constricting > Boosting > Deciding > Sensing

Vector: [0.3, 0.0, 0.4, 0.0, 1.0, 0.0, 0.0, 0.0, 0.6, 0.0]

Metadata: { valence: "negative", arousal: 0.7 }

EL1.19 — Jealousy

Term: jealousy
POS: noun

Definition: A state of relational threat involving constriction, vigilance, and protective motivation.

Symbolic: Constricting > Sensing > Boosting

Vector: [0.7, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.6, 0.0]

Metadata: { valence: "negative", arousal: 0.8 }

EL1.20 — Compassion

Term: compassion
POS: noun

Definition: A state of relational openness, empathic expansion, and supportive motivation.

Symbolic: Expanding > Appreciating > Accepting

Vector: [0.1, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.9, 0.0, 0.7]

Metadata: { valence: "positive", arousal: 0.4 }

EL1.21 — Contempt

Term: contempt
POS: noun

Definition: A state of downward relational evaluation involving constriction, distancing, and negative appraisal of another.

Symbolic: Constricting > Deciding > Arranging

Vector: [0.2, 0.0, 0.5, 0.0, 1.0, 0.0, 0.4, 0.0, 0.0, 0.0]

Metadata: { valence: "negative", arousal: 0.6 }

EL1.22 — Curiosity

Term: curiosity
POS: noun

Definition: A state of perceptual openness, exploratory motivation, and cognitive engagement with novelty.

Symbolic: Sensing > Expanding > Boosting

Vector: [0.9, 0.0, 0.0, 0.8, 0.0, 0.0, 0.0, 0.0, 0.6, 0.0]

Metadata: { valence: "positive", arousal: 0.7 }

EL1.23 — Boredom

Term: boredom
POS: noun

Definition: A state of low activation, reduced engagement, and motivational stagnation.

Symbolic: Accepting > Sensing

Vector: [0.3, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 1.0]

Metadata: { valence: "negative", arousal: 0.2 }

EL1.24 — Loneliness

Term: loneliness
POS: noun

Definition: A state of relational deprivation involving constriction, inward focus, and unmet connection needs.

Symbolic: Constricting > Accepting > Sensing

Vector: [0.4, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.6]

Metadata: { valence: "negative", arousal: 0.3 }

EL1.25 — Trust

Term: trust
POS: noun

Definition: A state of relational openness, positive expectancy, and reduced defensive activation.

Symbolic: Accepting > Expanding > Appreciating

Vector: [0.1, 0.0, 0.0, 0.7, 0.0, 0.0, 0.0, 0.8, 0.0, 1.0]

Metadata: { valence: "positive", arousal: 0.3 }

EL1.26 — Distrust

Term: distrust
POS: noun

Definition: A state of vigilance, constriction, and protective appraisal toward potential relational threat.

Symbolic: Sensing > Constricting > Deciding

Vector: [0.8, 0.0, 0.6, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.0]

Metadata: { valence: "negative", arousal: 0.7 }

EL1.27 — Anticipation

Term: anticipation
POS: noun

Definition: A state of forward-oriented perceptual activation and motivational readiness.

Symbolic: Sensing > Boosting > Expanding

Vector: [0.9, 0.0, 0.0, 0.7, 0.0, 0.0, 0.0, 0.0, 0.8, 0.0]

Metadata: { valence: "mixed", arousal: 0.8 }

EL1.28 — Irritation

Term: irritation
POS: noun

Definition: A state of mild constriction and energized resistance to minor obstruction or discomfort.

Symbolic: Constricting > Boosting > Sensing

Vector: [0.5, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.6, 0.3]

Metadata: { valence: "negative", arousal: 0.6 }

EL1.29 — Delight

Term: delight
POS: noun

Definition: A state of bright positive activation involving expansion, appreciation, and uplift.

Symbolic: Expanding > Appreciating > Boosting

Vector: [0.2, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.9, 0.8, 0.5]

Metadata: { valence: "positive", arousal: 0.7 }

EL1.30 — Disappointment

Term: disappointment
POS: noun

Definition: A state of downward motivational shift following unmet expectation, involving constriction and acceptance.

Symbolic: Constricting > Accepting > Sensing

Vector: [0.3, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.5]

Metadata: { valence: "negative", arousal: 0.3 }

EL1.31 — Awe

Term: awe
POS: noun

Definition: A state of perceptual expansion, appreciative openness, and cognitive–emotional elevation.

Symbolic: Expanding > Appreciating > Sensing > Accepting

Vector: [0.6, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.9, 0.2, 0.7]

Metadata: { valence: "positive", arousal: 0.8 }

EL1.32 — Confusion

Term: confusion
POS: noun

Definition: A state of perceptual overload involving sensing, disrupted appraisal, and reduced decisional clarity.

Symbolic: Sensing > Deciding > Accepting

Vector: [1.0, 0.0, 0.6, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.4]

Metadata: { valence: "mixed", arousal: 0.6 }

EL1.33 — Nostalgia

Term: nostalgia
POS: noun

Definition: A state of reflective appreciation, emotional warmth, and gentle acceptance of past experience.

Symbolic: Appreciating > Accepting > Expanding

Vector: [0.1, 0.0, 0.0, 0.6, 0.0, 0.0, 0.0, 1.0, 0.0, 0.8]

Metadata: { valence: "positive", arousal: 0.4 }

EL1.34 — Resentment

Term: resentment
POS: noun

Definition: A state of sustained constriction, negative appraisal, and lingering motivational agitation toward perceived injustice.

Symbolic: Constricting > Deciding > Boosting

Vector: [0.3, 0.0, 0.5, 0.0, 1.0, 0.0, 0.0, 0.0, 0.7, 0.0]

Metadata: { valence: "negative", arousal: 0.7 }

EL1.35 — Admiration

Term: admiration
POS: noun

Definition: A state of appreciative expansion and upward relational evaluation.

Symbolic: Appreciating > Expanding > Accepting

Vector: [0.1, 0.0, 0.0, 0.8, 0.0, 0.0, 0.0, 1.0, 0.0, 0.7]

Metadata: { valence: "positive", arousal: 0.5 }

EL1.36 — Determination

Term: determination
POS: noun

Definition: A state of focused motivational drive involving boosting, arranging, and forward-directed effort.

Symbolic: Boosting > Arranging > Deciding

Vector: [0.2, 0.0, 0.6, 0.0, 0.0, 0.0, 0.8, 0.0, 1.0, 0.0]

Metadata: { valence: "positive", arousal: 0.8 }

EL1.37 — Regret

Term: regret
POS: noun

Definition: A state of reflective constriction and negative self-evaluation regarding past choices.

Symbolic: Constricting > Deciding > Accepting

Vector: [0.3, 0.0, 0.5, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.6]

Metadata: { valence: "negative", arousal: 0.4 }

EL1.38 — Tenderness

Term: tenderness
POS: noun

Definition: A state of gentle relational openness, warmth, and soft appreciative expansion.

Symbolic: Appreciating > Expanding > Accepting

Vector: [0.1, 0.0, 0.0, 0.7, 0.0, 0.0, 0.0, 1.0, 0.0, 0.8]

Metadata: { valence: "positive", arousal: 0.3 }

EL1.39 — Vulnerability

Term: vulnerability
POS: noun

Definition: A state of exposed openness involving sensing, accepting, and reduced defensive constriction.

Symbolic: Sensing > Accepting > Expanding

Vector: [0.9, 0.0, 0.0, 0.6, 0.0, 0.0, 0.0, 0.0, 0.0, 1.0]

Metadata: { valence: "mixed", arousal: 0.5 }

EL1.40 — Satisfaction

Term: satisfaction
POS: noun

Definition: A state of positive completion involving acceptance, appreciation, and low-activation expansion.

Symbolic: Accepting > Appreciating > Expanding

Vector: [0.1, 0.0, 0.0, 0.5, 0.0, 0.0, 0.0, 0.8, 0.0, 1.0]

Metadata: { valence: "positive", arousal: 0.3 }

EL1.41 — Contentment

Term: contentment
POS: noun

Definition: A state of stable positive regulation involving acceptance, low activation, and gentle appreciation.

Symbolic: Accepting > Appreciating

Vector: [0.1, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.7, 0.0, 1.0]

Metadata: { valence: "positive", arousal: 0.2 }

EL1.42 — Apprehension

Term: apprehension
POS: noun

Definition: A state of anticipatory threat sensing involving constriction and vigilance.

Symbolic: Sensing > Constricting > Boosting

Vector: [0.9, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.6, 0.0]

Metadata: { valence: "negative", arousal: 0.8 }

EL1.43 — Bitterness

Term: bitterness
POS: noun

Definition: A state of lingering constriction, negative appraisal, and unresolved emotional residue.

Symbolic: Constricting > Deciding > Accepting

Vector: [0.2, 0.0, 0.5, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.4]

Metadata: { valence: "negative", arousal: 0.5 }

EL1.44 — Eagerness

Term: eagerness
POS: noun

Definition: A state of energized positive anticipation involving boosting, expansion, and perceptual activation.

Symbolic: Boosting > Expanding > Sensing

Vector: [0.8, 0.0, 0.0, 0.9, 0.0, 0.0, 0.0, 0.0, 1.0, 0.0]

Metadata: { valence: "positive", arousal: 0.9 }

EL1.45 — Serenity

Term: serenity
POS: noun

Definition: A state of calm positive regulation involving acceptance, low activation, and gentle openness.

Symbolic: Accepting > Sensing > Expanding

Vector: [0.3, 0.0, 0.0, 0.4, 0.0, 0.0, 0.0, 0.0, 0.0, 1.0]

Metadata: { valence: "positive", arousal: 0.2 }

EL1.46 — Hostility

Term: hostility
POS: noun

Definition: A state of aggressive constriction involving energized resistance, negative appraisal, and outward boundary enforcement.

Symbolic: Constricting > Boosting > Arranging

Vector: [0.3, 0.0, 0.0, 0.0, 1.0, 0.0, 0.6, 0.0, 0.8, 0.0]

Metadata: { valence: "negative", arousal: 0.9 }

EL1.47 — Affection

Term: affection
POS: noun

Definition: A state of warm relational expansion involving appreciation, acceptance, and gentle motivational openness.

Symbolic: Appreciating > Expanding > Accepting

Vector: [0.1, 0.0, 0.0, 0.7, 0.0, 0.0, 0.0, 1.0, 0.0, 0.8]

Metadata: { valence: "positive", arousal: 0.4 }

EL1.48 — Dread

Term: dread
POS: noun

Definition: A state of anticipatory threat involving high sensing, constriction, and motivational inhibition.

Symbolic: Sensing > Constricting > Accepting

Vector: [1.0, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.6]

Metadata: { valence: "negative", arousal: 0.95 }

EL1.49 — Startle

Term: startle
POS: noun

Definition: A brief, high-activation perceptual interruption involving rapid sensing and immediate boosting.

Symbolic: Sensing > Boosting

Vector: [1.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.8, 0.0]

Metadata: { valence: "mixed", arousal: 1.0 }

EL1.50 — Disbelief

Term: disbelief
POS: noun

Definition: A state of perceptual disruption involving sensing, appraisal interruption, and cognitive suspension.

Symbolic: Sensing > Deciding > Accepting

Vector: [1.0, 0.0, 0.6, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.4]

Metadata: { valence: "mixed", arousal: 0.6 }

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7. EL-1 v0.3 Entries (New Expansion)

Includes entries EL1.51 through EL1.120

EL1.51 — Camaraderie

Term: camaraderie
POS: noun

Definition: A state of warm social connection involving shared purpose, mutual support, and relational expansion.
Symbolic: Expanding > Appreciating > Accepting
Vector: [0.1, 0.0, 0.0, 0.9, 0.0, 0.0, 0.0, 1.0, 0.0, 0.8]
Metadata: { valence: "positive", arousal: 0.5 }

EL1.52 — Alienation

Term: alienation
POS: noun
Definition: A state of relational disconnection involving constriction, distancing, and reduced motivational engagement.
Symbolic: Constricting > Accepting > Sensing
Vector: [0.3, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.6]
Metadata: { valence: "negative", arousal: 0.3 }

EL1.53 — Betrayal

Term: betrayal
POS: noun
Definition: A state of relational rupture involving constriction, negative appraisal, and protective withdrawal.
Symbolic: Constricting > Deciding > Sensing
Vector: [0.4, 0.0, 0.5, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.3]
Metadata: { valence: "negative", arousal: 0.7 }

EL1.54 — Loyalty

Term: loyalty
POS: noun
Definition: A state of committed relational alignment involving acceptance, appreciation, and stable motivational orientation.
Symbolic: Accepting > Appreciating > Expanding
Vector: [0.1, 0.0, 0.0, 0.5, 0.0, 0.0, 0.0, 0.8, 0.0, 1.0]
Metadata: { valence: "positive", arousal: 0.3 }

EL1.55 — Sympathy

Term: sympathy
POS: noun
Definition: A state of empathic constriction and relational concern involving acceptance and mild expansion.
Symbolic: Constricting > Accepting > Expanding
Vector: [0.2, 0.0, 0.0, 0.4, 1.0, 0.0, 0.0, 0.0, 0.0, 0.7]
Metadata: { valence: "positive", arousal: 0.4 }

EL1.56 — Rivalry

Term: rivalry
POS: noun
Definition: A state of competitive activation involving boosting, constriction, and strategic appraisal.
Symbolic: Boosting > Constricting > Deciding
Vector: [0.1, 0.0, 0.6, 0.0, 1.0, 0.0, 0.0, 0.0, 1.0, 0.0]
Metadata: { valence: "mixed", arousal: 0.8 }

EL1.57 — Deference

Term: deference
POS: noun
Definition: A state of relational yielding involving acceptance, appreciative orientation, and reduced assertive activation.
Symbolic: Accepting > Appreciating > Sensing
Vector: [0.2, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.7, 0.0, 1.0]
Metadata: { valence: "positive", arousal: 0.2 }

EL1.58 — Indignation

Term: indignation
POS: noun
Definition: A state of moralized constriction involving energized resistance and negative appraisal of perceived injustice.
Symbolic: Constricting > Boosting > Deciding
Vector: [0.2, 0.0, 0.5, 0.0, 1.0, 0.0, 0.0, 0.0, 0.8, 0.0]
Metadata: { valence: "negative", arousal: 0.9 }

EL1.59 — Sociability

Term: sociability
POS: noun
Definition: A state of outward relational openness involving expansion, appreciation, and positive motivational engagement.
Symbolic: Expanding > Appreciating > Boosting
Vector: [0.1, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.9, 0.7, 0.5]
Metadata: { valence: "positive", arousal: 0.6 }

EL1.60 — Awkwardness

Term: awkwardness
POS: noun
Definition: A state of social tension involving constriction, sensing, and mild motivational inhibition.
Symbolic: Constricting > Sensing > Accepting
Vector: [0.4, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.5]
Metadata: { valence: "mixed", arousal: 0.4 }

EL1.61 — Insecurity

Term: insecurity
POS: noun
Definition: A state of self-doubt involving constriction, heightened sensing, and reduced motivational confidence.
Symbolic: Constricting > Sensing > Accepting
Vector: [0.6, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.4]
Metadata: { valence: "negative", arousal: 0.6 }

EL1.62 — Confidence

Term: confidence
POS: noun
Definition: A state of self-assured expansion involving boosting, acceptance, and stable motivational orientation.
Symbolic: Boosting > Accepting > Expanding
Vector: [0.1, 0.0, 0.0, 0.7, 0.0, 0.0, 0.0, 0.0, 1.0, 0.8]
Metadata: { valence: "positive", arousal: 0.6 }

EL1.63 — Self-pity

Term: self-pity
POS: noun
Definition: A state of inward constriction involving negative self-evaluation and passive acceptance of distress.
Symbolic: Constricting > Accepting > Sensing
Vector: [0.4, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.5]
Metadata: { valence: "negative", arousal: 0.3 }

EL1.64 — Self-assurance

Term: self-assurance
POS: noun
Definition: A state of internal stability involving acceptance, expansion, and confident motivational grounding.
Symbolic: Accepting > Expanding > Boosting
Vector: [0.1, 0.0, 0.0, 0.8, 0.0, 0.0, 0.0, 0.0, 0.7, 1.0]
Metadata: { valence: "positive", arousal: 0.5 }

EL1.65 — Humiliation

Term: humiliation
POS: noun
Definition: A state of intense constriction involving negative social appraisal and downward self-evaluation.
Symbolic: Constricting > Accepting > Sensing
Vector: [0.5, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.4]
Metadata: { valence: "negative", arousal: 0.7 }

EL1.66 — Self-consciousness

Term: self-consciousness
POS: noun
Definition: A state of heightened self-monitoring involving sensing, constriction, and social vigilance.
Symbolic: Sensing > Constricting > Accepting

Vector: [0.9, 0.0, 0.0, 0.0, 0.8, 0.0, 0.0, 0.0, 0.0, 0.5]
Metadata: { valence: "mixed", arousal: 0.6 }

EL1.67 — Inadequacy

Term: inadequacy
POS: noun
Definition: A state of diminished self-evaluation involving constriction, sensing, and reduced motivational drive.
Symbolic: Constricting > Sensing > Accepting
Vector: [0.5, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.4]
Metadata: { valence: "negative", arousal: 0.4 }

EL1.68 — Pridefulness

Term: pridefulness
POS: noun
Definition: A state of amplified self-affirmation involving expansion, boosting, and upward relational positioning.
Symbolic: Expanding > Boosting > Appreciating
Vector: [0.1, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.7, 0.9, 0.5]
Metadata: { valence: "mixed", arousal: 0.7 }

EL1.69 — Self-respect

Term: self-respect
POS: noun
Definition: A state of stable positive self-regard involving acceptance, appreciation, and grounded expansion.
Symbolic: Accepting > Appreciating > Expanding
Vector: [0.1, 0.0, 0.0, 0.6, 0.0, 0.0, 0.0, 0.8, 0.0, 1.0]
Metadata: { valence: "positive", arousal: 0.3 }

EL1.70 — Inferiority

Term: inferiority
POS: noun
Definition: A state of downward self-comparison involving constriction, sensing, and reduced motivational activation.

Symbolic: Constricting > Sensing > Accepting
Vector: [0.6, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.4]
Metadata: { valence: "negative", arousal: 0.5 }

EL1.71 — Outrage

Term: outrage
POS: noun
Definition: A state of moralized constriction involving energized resistance and strong negative appraisal.
Symbolic: Constricting > Boosting > Deciding
Vector: [0.2, 0.0, 0.6, 0.0, 1.0, 0.0, 0.0, 0.0, 0.9, 0.0]
Metadata: { valence: "negative", arousal: 1.0 }

EL1.72 — Remorse

Term: remorse
POS: noun
Definition: A state of moral self-evaluation involving constriction, acceptance, and reflective appraisal.
Symbolic: Constricting > Accepting > Deciding
Vector: [0.3, 0.0, 0.5, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.6]
Metadata: { valence: "negative", arousal: 0.5 }

EL1.73 — Righteousness

Term: righteousness
POS: noun
Definition: A state of moral elevation involving expansion, appreciation, and decisional clarity.
Symbolic: Expanding > Appreciating > Deciding
Vector: [0.1, 0.0, 0.6, 1.0, 0.0, 0.0, 0.0, 0.9, 0.0, 0.5]
Metadata: { valence: "positive", arousal: 0.6 }

EL1.74 — Moral elevation

Term: moral elevation
POS: noun
Definition: A state of uplifted appreciation involving expansion, acceptance, and

prosocial motivational activation.
Symbolic: Appreciating > Expanding > Accepting
Vector: [0.1, 0.0, 0.0, 0.9, 0.0, 0.0, 0.0, 1.0, 0.0, 0.7]
Metadata: { valence: "positive", arousal: 0.5 }

EL1.75 — Forgiveness

Term: forgiveness
POS: noun
Definition: A state of relational release involving acceptance, expansion, and reduction of constriction.
Symbolic: Accepting > Expanding > Appreciating
Vector: [0.1, 0.0, 0.0, 0.7, 0.0, 0.0, 0.0, 0.8, 0.0, 1.0]
Metadata: { valence: "positive", arousal: 0.3 }

EL1.76 — Blame

Term: blame
POS: noun
Definition: A state of negative appraisal involving constriction, decisional orientation, and outward attribution.
Symbolic: Constricting > Deciding > Sensing
Vector: [0.3, 0.0, 0.6, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.4]
Metadata: { valence: "negative", arousal: 0.6 }

EL1.77 — Vindictiveness

Term: vindictiveness
POS: noun
Definition: A state of retaliatory motivation involving constriction, boosting, and negative appraisal.
Symbolic: Constricting > Boosting > Deciding
Vector: [0.2, 0.0, 0.5, 0.0, 1.0, 0.0, 0.0, 0.0, 0.8, 0.0]
Metadata: { valence: "negative", arousal: 0.9 }

EL1.78 — Drive

Term: drive
POS: noun

Definition: A state of energized motivational activation involving boosting, arranging, and forward-directed effort.
Symbolic: Boosting > Arranging > Expanding
Vector: [0.1, 0.0, 0.0, 0.7, 0.0, 0.0, 0.8, 0.0, 1.0, 0.0]
Metadata: { valence: "positive", arousal: 0.8 }

EL1.79 — Ambition

Term: ambition
POS: noun
Definition: A state of upward motivational striving involving boosting, arranging, and expansion.
Symbolic: Boosting > Arranging > Expanding
Vector: [0.1, 0.0, 0.0, 0.8, 0.0, 0.0, 0.9, 0.0, 1.0, 0.0]
Metadata: { valence: "positive", arousal: 0.8 }

EL1.80 — Hesitation

Term: hesitation
POS: noun
Definition: A state of motivational pause involving sensing, deciding, and reduced boosting.
Symbolic: Sensing > Deciding > Accepting
Vector: [0.8, 0.0, 0.6, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.4]
Metadata: { valence: "mixed", arousal: 0.3 }

EL1.81 — Discouragement

Term: discouragement
POS: noun
Definition: A state of reduced motivational activation involving constriction, acceptance, and diminished boosting.
Symbolic: Constricting > Accepting > Sensing
Vector: [0.4, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.5]
Metadata: { valence: "negative", arousal: 0.3 }

EL1.82 — Perseverance

Term: perseverance
POS: noun
Definition: A state of sustained motivational effort involving boosting, arranging, and acceptance.
Symbolic: Boosting > Arranging > Accepting
Vector: [0.1, 0.0, 0.0, 0.0, 0.0, 0.0, 0.8, 0.0, 1.0, 0.7]
Metadata: { valence: "positive", arousal: 0.7 }

EL1.83 — Resolve

Term: resolve
POS: noun
Definition: A state of firm decisional commitment involving boosting, deciding, and arranging.
Symbolic: Boosting > Deciding > Arranging
Vector: [0.1, 0.0, 0.7, 0.0, 0.0, 0.0, 0.6, 0.0, 1.0, 0.0]
Metadata: { valence: "positive", arousal: 0.7 }

EL1.84 — Initiative

Term: initiative
POS: noun
Definition: A state of proactive motivational activation involving boosting, expansion, and arranging.
Symbolic: Boosting > Expanding > Arranging
Vector: [0.1, 0.0, 0.0, 0.8, 0.0, 0.0, 0.7, 0.0, 1.0, 0.0]
Metadata: { valence: "positive", arousal: 0.7 }

EL1.85 — Procrastination

Term: procrastination
POS: noun
Definition: A state of motivational inhibition involving sensing, accepting, and reduced boosting.
Symbolic: Sensing > Accepting > Deciding
Vector: [0.8, 0.0, 0.4, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.6]
Metadata: { valence: "negative", arousal: 0.2 }

EL1.86 — Wonder

Term: wonder
POS: noun
Definition: A state of perceptual openness involving expansion, appreciation, and sensing.
Symbolic: Expanding > Appreciating > Sensing
Vector: [0.6, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.9, 0.2, 0.7]
Metadata: { valence: "positive", arousal: 0.7 }

EL1.87 — Fascination

Term: fascination
POS: noun
Definition: A state of focused perceptual engagement involving sensing, expansion, and boosting.
Symbolic: Sensing > Expanding > Boosting
Vector: [0.9, 0.0, 0.0, 0.8, 0.0, 0.0, 0.0, 0.0, 0.7, 0.0]
Metadata: { valence: "positive", arousal: 0.8 }

EL1.88 — Enchantment

Term: enchantment
POS: noun
Definition: A state of immersive positive engagement involving expansion, appreciation, and acceptance.
Symbolic: Expanding > Appreciating > Accepting
Vector: [0.1, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.9, 0.0, 0.8]
Metadata: { valence: "positive", arousal: 0.6 }

EL1.89 — Revulsion

Term: revulsion
POS: noun
Definition: A state of intense aversive constriction involving sensing, boundary enforcement, and motivational withdrawal.
Symbolic: Constricting > Sensing > Arranging
Vector: [0.5, 0.0, 0.0, 0.0, 1.0, 0.0, 0.4, 0.0, 0.0, 0.0]
Metadata: { valence: "negative", arousal: 0.7 }

EL1.90 — Inspiration

Term: inspiration
POS: noun
Definition: A state of uplifted motivational activation involving expansion, appreciation, and boosting.
Symbolic: Expanding > Appreciating > Boosting
Vector: [0.2, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.9, 0.8, 0.5]
Metadata: { valence: "positive", arousal: 0.8 }

EL1.91 — Longing

Term: longing
POS: noun
Definition: A state of extended motivational reach involving expansion, acceptance, and sensing.
Symbolic: Expanding > Accepting > Sensing
Vector: [0.4, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.7]
Metadata: { valence: "mixed", arousal: 0.5 }

EL1.92 — Meaninglessness

Term: meaninglessness
POS: noun

Definition: A state of existential constriction involving reduced motivational activation and diminished relational engagement.

Symbolic: Constricting > Accepting > Sensing

Vector: [0.4, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.5]

Metadata: { valence: "negative", arousal: 0.3 }

EL1.93 — Emptiness

Term: emptiness
POS: noun

Definition: A state of low affective activation involving constriction, reduced sensing, and attenuated motivational drive.

Symbolic: Constricting > Accepting > Sensing

Vector: [0.3, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.4]

Metadata: { valence: "negative", arousal: 0.2 }

EL1.94 — Fulfilment

Term: fulfilment
POS: noun

Definition: A state of realized purpose involving acceptance, appreciation, and low-activation expansion.

Symbolic: Accepting > Appreciating > Expanding

Vector: [0.1, 0.0, 0.0, 0.6, 0.0, 0.0, 0.0, 0.9, 0.0, 1.0]

Metadata: { valence: "positive", arousal: 0.4 }

EL1.95 — Homesickness

Term: homesickness
POS: noun

Definition: A state of relational longing involving constriction, appreciation, and inward-directed expansion toward an absent place or group.

Symbolic: Constricting > Appreciating > Expanding

Vector: [0.2, 0.0, 0.0, 0.6, 1.0, 0.0, 0.0, 0.8, 0.0, 0.5]

Metadata: { valence: "mixed", arousal: 0.4 }

EL1.96 — Relief of burden

Term: relief of burden
POS: noun

Definition: A state of tension release following the removal of sustained obligation or stress, involving acceptance and downward motivational shift.

Symbolic: Accepting > Sensing

Vector: [0.3, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 1.0]

Metadata: { valence: "positive", arousal: 0.3 }

EL1.97 — Anticipatory joy

Term: anticipatory joy
POS: noun

Definition: A state of forward-oriented positive activation involving expansion, boosting, and appreciative expectancy.

Symbolic: Expanding > Boosting > Appreciating

Vector: [0.1, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.9, 0.8, 0.6]

Metadata: { valence: "positive", arousal: 0.8 }

EL1.98 — Dreaded anticipation

Term: dreaded anticipation
POS: noun

Definition: A state of forward-oriented threat expectation involving sensing, constriction, and motivational inhibition.

Symbolic: Sensing > Constricting > Accepting

Vector: [1.0, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.6]

Metadata: { valence: "negative", arousal: 0.9 }

EL1.99 — Emotional numbness

Term: emotional numbness
POS: noun

Definition: A state of blunted affect involving reduced sensing, constriction, and dampened motivational engagement.

Symbolic: Constricting > Accepting > Sensing

Vector: [0.3, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.3]

Metadata: { valence: "negative", arousal: 0.1 }

EL1.100 — Overwhelm

Term: overwhelm
POS: noun

Definition: A state of excessive activation involving high sensing, constriction, and temporary disruption of organized responding.

Symbolic: Sensing > Constricting > Arranging

Vector: [1.0, 0.0, 0.0, 0.0, 0.9, 0.0, 0.6, 0.0, 0.0, 0.3]

Metadata: { valence: "mixed", arousal: 0.9 }

EL1.101 — Resignation

Term: resignation
POS: noun

Definition: A state of surrendered acceptance involving constriction, low activation, and withdrawal of active striving.

Symbolic: Accepting > Constricting > Sensing

Vector: [0.3, 0.0, 0.0, 0.0, 0.7, 0.0, 0.0, 0.0, 0.0, 1.0]

Metadata: { valence: "negative", arousal: 0.2 }

EL1.102 — Resilience

Term: resilience
POS: noun

Definition: A state of adaptive recovery involving boosting, acceptance, and re-engagement after stress or setback.

Symbolic: Boosting > Accepting > Arranging

Vector: [0.1, 0.0, 0.0, 0.0, 0.0, 0.0, 0.7, 0.0, 0.9, 0.8]

Metadata: { valence: "positive", arousal: 0.6 }

EL1.103 — Suspicion

Term: suspicion
POS: noun

Definition: A state of guarded appraisal involving sensing, constriction, and decisional withholding.

Symbolic: Sensing > Constricting > Deciding

Vector: [0.9, 0.0, 0.6, 0.0, 0.9, 0.0, 0.0, 0.0, 0.0, 0.3]

Metadata: { valence: "negative", arousal: 0.6 }

EL1.104 — Skepticism

Term: skepticism
POS: noun

Definition: A state of evaluative withholding involving sensing, deciding, and reduced acceptance of claims or evidence.

Symbolic: Deciding > Sensing > Accepting

Vector: [0.7, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.4]

Metadata: { valence: "mixed", arousal: 0.4 }

EL1.105 — Cynicism

Term: cynicism
POS: noun

Definition: A state of negatively biased appraisal involving constriction, deciding, and reduced appreciative engagement.

Symbolic: Constricting > Deciding > Appreciating

Vector: [0.2, 0.0, 0.7, 0.0, 1.0, 0.0, 0.0, 0.3, 0.0, 0.3]

Metadata: { valence: "negative", arousal: 0.5 }

EL1.106 — Trustfulness

Term: trustfulness
POS: noun

Definition: A state of generalized positive expectancy involving acceptance, appreciation, and reduced defensive sensing.

Symbolic: Accepting > Appreciating > Expanding

Vector: [0.1, 0.0, 0.0, 0.5, 0.0, 0.0, 0.0, 0.8, 0.0, 1.0]

Metadata: { valence: "positive", arousal: 0.3 }

EL1.107 — Wariness

Term: wariness
POS: noun

Definition: A state of cautious vigilance involving sensing, constriction, and moderated motivational readiness.

Symbolic: Sensing > Constricting > Accepting

Vector: [0.8, 0.0, 0.0, 0.0, 0.8, 0.0, 0.0, 0.0, 0.0, 0.4]

Metadata: { valence: "mixed", arousal: 0.5 }

EL1.108 — Relief-tinged sadness

Term: relief-tinged sadness
POS: noun

Definition: A mixed state combining downward constriction and release, involving loss-orientation with partial acceptance and reduced tension.

Symbolic: Constricting > Accepting > Sensing

Vector: [0.3, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.6]

Metadata: { valence: "mixed", arousal: 0.3 }

EL1.109 — Hopeful anxiety

Term: hopeful anxiety
POS: noun

Definition: A mixed state combining threat anticipation and positive expectancy, involving sensing, constriction, and expansion.

Symbolic: Sensing > Constricting > Expanding

Vector: [0.8, 0.0, 0.0, 0.6, 1.0, 0.0, 0.0, 0.0, 0.5, 0.3]

Metadata: { valence: "mixed", arousal: 0.8 }

EL1.110 — Guarded optimism

Term: guarded optimism
POS: noun

Definition: A state of cautious positive expectancy involving expansion, acceptance, and moderated sensing.

Symbolic: Expanding > Accepting > Sensing

Vector: [0.5, 0.0, 0.0, 0.8, 0.0, 0.0, 0.0, 0.0, 0.4, 0.7]

Metadata: { valence: "positive", arousal: 0.5 }

EL1.111 — Quiet joy

Term: quiet joy
POS: noun

Definition: A state of low-activation positive engagement involving appreciation, acceptance, and gentle expansion.

Symbolic: Appreciating > Accepting > Expanding

Vector: [0.1, 0.0, 0.0, 0.5, 0.0, 0.0, 0.0, 1.0, 0.0, 0.8]

Metadata: { valence: "positive", arousal: 0.3 }

EL1.112 — Restless joy

Term: restless joy
POS: noun

Definition: A state of high-activation positive engagement involving boosting, expansion, and energized sensing.

Symbolic: Boosting > Expanding > Sensing

Vector: [0.7, 0.0, 0.0, 0.9, 0.0, 0.0, 0.0, 0.0, 1.0, 0.4]

Metadata: { valence: "positive", arousal: 0.9 }

EL1.113 — Guardedness

Term: guardedness
POS: noun

Definition: A state of relational protection involving constriction, sensing, and reduced expansive engagement.

Symbolic: Constricting > Sensing > Accepting

Vector: [0.7, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.4]

Metadata: { valence: "mixed", arousal: 0.4 }

EL1.114 — Emotional openness

Term: emotional openness
POS: noun

Definition: A state of receptive engagement involving expansion, acceptance, and increased sensing of internal and external cues.

Symbolic: Expanding > Accepting > Sensing

Vector: [0.7, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.3, 0.8]

Metadata: { valence: "positive", arousal: 0.5 }

EL1.115 — Emotional rigidity

Term: emotional rigidity
POS: noun

Definition: A state of reduced emotional flexibility involving constriction, deciding, and diminished expansive responsiveness.

Symbolic: Constricting > Deciding > Accepting

Vector: [0.2, 0.0, 0.7, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.5]

Metadata: { valence: "negative", arousal: 0.4 }

EL1.116 — Emotional overwhelm

Term: emotional overwhelm
POS: noun

Definition: A state of intense affective activation involving high sensing, constriction, and temporary loss of regulatory organization.

Symbolic: Sensing > Constricting > Arranging

Vector: [1.0, 0.0, 0.0, 0.0, 0.9, 0.0, 0.6, 0.0, 0.0, 0.4]

Metadata: { valence: "mixed", arousal: 1.0 }

EL1.117 — Emotional steadiness

Term: emotional steadiness
POS: noun

Definition: A state of stable emotional regulation involving acceptance, low activation, and moderated sensing.

Symbolic: Accepting > Sensing

Vector: [0.3, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 1.0]

Metadata: { valence: "positive", arousal: 0.2 }

EL1.118 — Emotional detachment

Term: emotional detachment
POS: noun

Definition: A state of relational distancing involving constriction, reduced appreciating, and attenuated motivational engagement.

Symbolic: Constricting > Accepting > Sensing

Vector: [0.4, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.5]

Metadata: { valence: "mixed", arousal: 0.3 }

EL1.119 — Emotional attunement

Term: emotional attunement
POS: noun

Definition: A state of responsive connection involving sensing, appreciating, and acceptance of one's own and others' emotional states.

Symbolic: Sensing > Appreciating > Accepting

Vector: [0.8, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.9, 0.0, 0.8]

Metadata: { valence: "positive", arousal: 0.5 }

EL1.120 — Emotional alignment

Term: emotional alignment
POS: noun

Definition: A state of congruence between internal emotional states and external demands, involving acceptance, arranging, and stable regulation.

Symbolic: Accepting > Arranging > Expanding

Vector: [0.2, 0.0, 0.0, 0.6, 0.0, 0.0, 0.7, 0.0, 0.0, 1.0]

Metadata: { valence: "positive", arousal: 0.4 }

EL-1 v0.4 — New Entries

EL1.121 — Rapport

Term: rapport
POS: noun

Definition:
A state of smooth relational alignment involving mutual openness, ease of interaction, and positive interpersonal flow.

Symbolic: Expanding > Appreciating > Accepting
Vector:
[0.1, 0.0, 0.0, 0.8, 0.0, 0.0, 0.0, 0.9, 0.0, 0.7]

Metadata: { valence: "positive", arousal: 0.4 }

EL1.122 — Closeness

Term: closeness
POS: noun

Definition:
A state of felt relational proximity involving openness, warmth, and reduced defensive boundaries.

Symbolic: Expanding > Appreciating > Accepting
Vector:
[0.1, 0.0, 0.0, 0.9, 0.0, 0.0, 0.0, 0.8, 0.0, 0.7]

Metadata: { valence: "positive", arousal: 0.3 }

EL1.123 — Warmth

Term: warmth
POS: noun

Definition:
A state of gentle positive activation involving appreciation, openness, and relational ease.

Symbolic: Appreciating > Expanding > Accepting
Vector:
[0.1, 0.0, 0.0, 0.7, 0.0, 0.0, 0.0, 1.0, 0.0, 0.8]

Metadata: { valence: "positive", arousal: 0.4 }

EL1.124 — Solidarity

Term: solidarity
POS: noun

Definition:
A state of shared purpose and mutual support involving expansion, appreciation, and stable relational commitment.

Symbolic: Expanding > Appreciating > Accepting
Vector:
[0.1, 0.0, 0.0, 0.8, 0.0, 0.0, 0.0, 0.9, 0.0, 0.7]

Metadata: { valence: "positive", arousal: 0.5 }

EL1.125 — Estrangement

Term: estrangement
POS: noun

Definition:
A state of relational distancing involving constriction, inward withdrawal, and reduced motivational engagement.

Symbolic: Constricting > Accepting > Sensing
Vector:
[0.3, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.5]

Metadata: { valence: "negative", arousal: 0.3 }

EL1.126 — Reassurance

Term: reassurance
POS: noun

Definition:
A state of restored safety involving acceptance, reduced constriction, and gentle relational expansion.

Symbolic: Accepting > Expanding > Sensing
Vector:
[0.2, 0.0, 0.0, 0.6, 0.0, 0.0, 0.0, 0.0, 0.0, 1.0]

Metadata: { valence: "positive", arousal: 0.2 }

EL1.127 — Protectiveness

Term: protectiveness
POS: noun

Definition:
A state of relational guarding involving constriction, vigilance, and supportive motivational activation.

Symbolic: Constricting > Sensing > Boosting
Vector:
[0.7, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.6, 0.3]

Metadata: { valence: "mixed", arousal: 0.6 }

EL1.128 — Fondness

Term: fondness
POS: noun

Definition:
A state of gentle positive regard involving appreciation, openness, and warm relational orientation.

Symbolic: Appreciating > Expanding > Accepting
Vector:
[0.1, 0.0, 0.0, 0.7, 0.0, 0.0, 0.0, 1.0, 0.0, 0.8]

Metadata: { valence: "positive", arousal: 0.3 }

EL1.129 — Kinship

Term: kinship
POS: noun

Definition:
A state of deep relational belonging involving expansion, appreciation, and stable acceptance.

Symbolic: Expanding > Appreciating > Accepting
Vector:
[0.1, 0.0, 0.0, 0.8, 0.0, 0.0, 0.0, 0.9, 0.0, 0.7]

Metadata: { valence: "positive", arousal: 0.4 }

EL1.130 — Inclusion

Term: inclusion
POS: noun

Definition:
A state of being welcomed into a group involving expansion, acceptance, and positive relational engagement.

Symbolic: Expanding > Accepting > Appreciating
Vector:
[0.1, 0.0, 0.0, 0.7, 0.0, 0.0, 0.0, 0.6, 0.0, 1.0]

Metadata: { valence: "positive", arousal: 0.3 }

EL1.131 — Integrity

Term: integrity
POS: noun

Definition:
A state of moral alignment involving decisional clarity, internal consistency, and adherence to personally held values.

Symbolic: Deciding > Appreciating > Accepting
Vector:
[0.1, 0.0, 0.8, 0.0, 0.0, 0.0, 0.0, 0.6, 0.0, 0.7]

Metadata: { valence: "positive", arousal: 0.4 }

EL1.132 — Hypocrisy

Term: hypocrisy
POS: noun

Definition:
A state of moral inconsistency involving decisional conflict, constriction, and negative self- or social appraisal.

Symbolic: Constricting > Deciding > Accepting
Vector:
[0.2, 0.0, 0.7, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.4]

Metadata: { valence: "negative", arousal: 0.5 }

EL1.133 — Moral Conflict

Term: moral conflict
POS: noun

Definition:
A state of internal tension involving competing value-based appraisals, decisional strain, and heightened cognitive-affective activation.

Symbolic: Deciding > Constricting > Sensing
Vector:
[0.6, 0.0, 1.0, 0.0, 0.7, 0.0, 0.0, 0.0, 0.0, 0.3]

Metadata: { valence: "mixed", arousal: 0.6 }

EL1.134 — Moral Clarity

Term: moral clarity
POS: noun

Definition:
A state of value-based decisional certainty involving cognitive coherence, appreciation of principles, and reduced internal conflict.

Symbolic: Deciding > Appreciating > Accepting
Vector:
[0.1, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.7, 0.0, 0.6]

Metadata: { valence: "positive", arousal: 0.4 }

EL1.135 — Moral Fatigue

Term: moral fatigue
POS: noun

Definition:
A state of depleted motivational and cognitive resources resulting from sustained moral appraisal, internal conflict, or ethical strain.

Symbolic: Accepting > Constricting > Deciding
Vector:
[0.3, 0.0, 0.5, 0.0, 0.8, 0.0, 0.0, 0.0, 0.0, 1.0]

Metadata: { valence: "negative", arousal: 0.3 }

EL1.136 — Disapproval

Term: disapproval
POS: noun

Definition:
A state of negative appraisal involving constriction, decisional distancing, and downward relational evaluation.

Symbolic: Constricting > Deciding > Arranging
Vector:
[0.2, 0.0, 0.6, 0.0, 1.0, 0.0, 0.4, 0.0, 0.0, 0.0]

Metadata: { valence: "negative", arousal: 0.5 }

EL1.137 — Approval

Term: approval
POS: noun

Definition:
A state of positive appraisal involving appreciation, expansion, and supportive motivational orientation.

Symbolic: Appreciating > Expanding > Accepting
Vector:
[0.1, 0.0, 0.0, 0.8, 0.0, 0.0, 0.0, 1.0, 0.0, 0.7]

Metadata: { valence: "positive", arousal: 0.4 }

EL1.138 — Moral Pride

Term: moral pride
POS: noun

Definition:
A state of positive self-evaluation grounded in adherence to moral standards, involving expansion, boosting, and appreciative orientation.

Symbolic: Expanding > Boosting > Appreciating
Vector:
[0.1, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.7, 0.8, 0.5]

Metadata: { valence: "positive", arousal: 0.6 }

EL1.139 — Conscience

Term: conscience
POS: noun

Definition:
A state of internal moral monitoring involving sensing, decisional evaluation, and acceptance of responsibility.

Symbolic: Sensing > Deciding > Accepting
Vector:
[0.8, 0.0, 0.7, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.5]

Metadata: { valence: "mixed", arousal: 0.5 }

EL1.140 — Scrupulousness

Term: scrupulousness
POS: noun

Definition:
A state of heightened moral vigilance involving constriction, decisional precision, and strict adherence to perceived ethical standards.

Symbolic: Constricting > Deciding > Sensing
Vector:
[0.7, 0.0, 0.8, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.3]

Metadata: { valence: "mixed", arousal: 0.6 }

EL1.141 — Stagnation

Term: stagnation
POS: noun

Definition:
A state of reduced motivational movement involving constriction, low activation, and diminished forward drive.

Symbolic: Constricting > Accepting > Sensing
Vector:
[0.3, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.4]

Metadata: { valence: "negative", arousal: 0.2 }

EL1.142 — Activation

Term: activation
POS: noun

Definition:
A state of increased motivational readiness involving boosting, expansion, and forward-oriented energy.

Symbolic: Boosting > Expanding > Sensing
Vector:
[0.7, 0.0, 0.0, 0.8, 0.0, 0.0, 0.0, 0.0, 1.0, 0.0]

Metadata: { valence: "positive", arousal: 0.8 }

EL1.143 — Inhibition

Term: inhibition
POS: noun

Definition:
A state of motivational restraint involving constriction, decisional hesitation, and reduced boosting.

Symbolic: Constricting > Deciding > Accepting
Vector:
[0.2, 0.0, 0.6, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.5]

Metadata: { valence: "mixed", arousal: 0.3 }

EL1.144 — Momentum

Term: momentum
POS: noun

Definition:
A state of sustained forward movement involving boosting, arranging, and continued motivational flow.

Symbolic: Boosting > Arranging > Expanding
Vector:
[0.1, 0.0, 0.0, 0.7, 0.0, 0.0, 0.8, 0.0, 1.0, 0.0]

Metadata: { valence: "positive", arousal: 0.7 }

EL1.145 — Aspiration

Term: aspiration
POS: noun

Definition:
A state of upward motivational striving involving expansion, boosting, and positive expectancy.

Symbolic: Expanding > Boosting > Accepting
Vector:
[0.1, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.8, 0.6]

Metadata: { valence: "positive", arousal: 0.6 }

EL1.146 — Industriousness

Term: industriousness
POS: noun

Definition:
A state of sustained productive effort involving boosting, arranging, and stable motivational engagement.

Symbolic: Boosting > Arranging > Accepting
Vector:
[0.1, 0.0, 0.0, 0.0, 0.0, 0.0, 0.8, 0.0, 1.0, 0.7]

Metadata: { valence: "positive", arousal: 0.7 }

EL1.147 — Lethargy

Term: lethargy
POS: noun

Definition:
A state of low activation involving acceptance, reduced boosting, and diminished motivational drive.

Symbolic: Accepting > Sensing
Vector:
[0.3, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 1.0]

Metadata: { valence: "negative", arousal: 0.1 }

EL1.148 — Readiness

Term: readiness
POS: noun

Definition:
A state of anticipatory motivational alignment involving sensing, boosting, and forward-oriented expansion.

Symbolic: Sensing > Boosting > Expanding
Vector:
[0.9, 0.0, 0.0, 0.7, 0.0, 0.0, 0.0, 0.0, 0.8, 0.0]

Metadata: { valence: "positive", arousal: 0.7 }

EL1.149 — Reluctance

Term: reluctance
POS: noun

Definition:
A state of motivational hesitation involving constriction, sensing, and reduced boosting toward action.

Symbolic: Constricting > Sensing > Accepting
Vector:
[0.5, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.4]

Metadata: { valence: "mixed", arousal: 0.3 }

EL1.150 — Persistence

Term: persistence
POS: noun

Definition:
A state of sustained motivational effort involving boosting, arranging, and stable acceptance of challenge.

Symbolic: Boosting > Arranging > Accepting
Vector:
[0.1, 0.0, 0.0, 0.0, 0.0, 0.0, 0.8, 0.0, 1.0, 0.7]

Metadata: { valence: "positive", arousal: 0.7 }

EL1.151 — Poignancy

Term: poignancy
POS: noun

Definition:

A state of emotionally charged sensitivity involving appreciative openness, gentle constriction, and reflective engagement with meaningful experience.

Symbolic: Appreciating > Expanding > Accepting
Vector:
[0.1, 0.0, 0.0, 0.7, 0.0, 0.0, 0.0, 1.0, 0.0, 0.8]

Metadata: { valence: "mixed", arousal: 0.4 }

EL1.152 — Transcendence

Term: transcendence
POS: noun

Definition:

A state of elevated openness involving expansive perception, appreciative elevation, and reduced constriction of self-boundaries.

Symbolic: Expanding > Appreciating > Sensing
Vector:
[0.6, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.9, 0.2, 0.7]

Metadata: { valence: "positive", arousal: 0.7 }

EL1.153 — Mundanity

Term: mundanity
POS: noun

Definition:

A state of low-activation acceptance involving reduced expansion, minimal boosting, and neutral engagement with everyday experience.

Symbolic: Accepting > Sensing
Vector:
[0.3, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 1.0]

Metadata: { valence: "neutral", arousal: 0.1 }

EL1.154 — Reverence

Term: reverence
POS: noun

Definition:
A state of respectful appreciative elevation involving expansion, acceptance, and gentle motivational openness toward what is perceived as sacred or significant.

Symbolic: Appreciating > Expanding > Accepting
Vector:
[0.1, 0.0, 0.0, 0.8, 0.0, 0.0, 0.0, 1.0, 0.0, 0.7]

Metadata: { valence: "positive", arousal: 0.5 }

EL1.155 — Sublimity

Term: sublimity
POS: noun

Definition:
A state of elevated perceptual awe involving expansion, appreciative openness, and cognitive-emotional elevation in response to vastness or grandeur.

Symbolic: Expanding > Appreciating > Sensing
Vector:
[0.6, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.9, 0.2, 0.7]

Metadata: { valence: "positive", arousal: 0.8 }

EL1.156 — Bleakness

Term: bleakness
POS: noun

Definition:
A state of existential constriction involving reduced expansion, diminished motivational drive, and a sense of emotional desolation.

Symbolic: Constricting > Accepting > Sensing
Vector:
[0.4, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.5]

Metadata: { valence: "negative", arousal: 0.3 }

EL1.157 — Sacredness

Term: sacredness
POS: noun

Definition:
A state of elevated appreciative regard involving expansion, reverence, and a sense of meaningful significance.

Symbolic: Appreciating > Expanding > Accepting
Vector:
[0.1, 0.0, 0.0, 0.8, 0.0, 0.0, 0.0, 1.0, 0.0, 0.7]

Metadata: { valence: "positive", arousal: 0.5 }

EL1.158 — Insignificance

Term: insignificance
POS: noun

Definition:
A state of diminished self-evaluation involving constriction, sensing, and reduced motivational expansion in response to perceived vastness or comparison.

Symbolic: Constricting > Sensing > Accepting
Vector:
[0.5, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.4]

Metadata: { valence: "negative", arousal: 0.4 }

EL1.159 — Significance

Term: significance
POS: noun

Definition:
A state of meaningful engagement involving appreciation, expansion, and positive motivational grounding.

Symbolic: Appreciating > Expanding > Accepting
Vector:
[0.1, 0.0, 0.0, 0.7, 0.0, 0.0, 0.0, 1.0, 0.0, 0.8]

Metadata: { valence: "positive", arousal: 0.4 }

EL1.160 — Rootedness

Term: rootedness
POS: noun

Definition:
A state of existential grounding involving acceptance, appreciative stability, and gentle expansion toward one's environment or community.

Symbolic: Accepting > Appreciating > Expanding
Vector:
[0.1, 0.0, 0.0, 0.6, 0.0, 0.0, 0.0, 0.8, 0.0, 1.0]

Metadata: { valence: "positive", arousal: 0.3 }

EL1.161 — Rumination

Term: rumination
POS: noun

Definition:
A state of repetitive cognitive looping involving sustained sensing, decisional strain, and inward constriction around unresolved concerns.

Symbolic: Sensing > Constricting > Deciding
Vector:
[0.9, 0.0, 0.6, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.3]

Metadata: { valence: "negative", arousal: 0.6 }

EL1.162 — Clarity

Term: clarity
POS: noun

Definition:
A state of perceptual and cognitive coherence involving decisional stability, reduced constriction, and open engagement with information.

Symbolic: Deciding > Sensing > Accepting
Vector:
[0.7, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.6]

Metadata: { valence: "positive", arousal: 0.4 }

EL1.163 — Perplexity

Term: perplexity
POS: noun

Definition:
A state of cognitive disruption involving heightened sensing, decisional uncertainty, and reduced clarity.

Symbolic: Sensing > Deciding > Accepting
Vector:
[1.0, 0.0, 0.7, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.4]

Metadata: { valence: "mixed", arousal: 0.6 }

EL1.164 — Decisiveness

Term: decisiveness
POS: noun

Definition:
A state of strong decisional commitment involving cognitive clarity, reduced constriction, and forward-oriented motivational activation.

Symbolic: Deciding > Boosting > Accepting
Vector:
[0.1, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.8, 0.6]

Metadata: { valence: "positive", arousal: 0.5 }

EL1.165 — Indecision

Term: indecision
POS: noun

Definition:
A state of decisional hesitation involving sensing, constriction, and reduced motivational clarity.

Symbolic: Sensing > Constricting > Deciding
Vector:
[0.8, 0.0, 0.5, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.3]

Metadata: { valence: "mixed", arousal: 0.4 }

EL1.166 — Vigilance

Term: vigilance
POS: noun

Definition:
A state of heightened perceptual monitoring involving strong sensing, constriction, and readiness for potential threat.

Symbolic: Sensing > Constricting > Boosting
Vector:
[1.0, 0.0, 0.0, 0.0, 0.9, 0.0, 0.0, 0.0, 0.6, 0.0]

Metadata: { valence: "mixed", arousal: 0.8 }

EL1.167 — Distraction

Term: distraction
POS: noun

Definition:
A state of disrupted attentional focus involving sensing, reduced decisional engagement, and diminished motivational alignment.

Symbolic: Sensing > Accepting
Vector:
[0.7, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.5]

Metadata: { valence: "mixed", arousal: 0.3 }

EL1.168 — Absorption

Term: absorption
POS: noun

Definition:

A state of deep cognitive-emotional immersion involving sustained sensing, expansion, and reduced external awareness.

Symbolic: Sensing > Expanding > Appreciating
Vector:
[0.9, 0.0, 0.0, 0.7, 0.0, 0.0, 0.0, 0.8, 0.0, 0.4]

Metadata: { valence: "positive", arousal: 0.5 }

EL1.169 — Preoccupation

Term: preoccupation
POS: noun

Definition:

A state of narrowed cognitive focus involving constriction, sensing, and sustained internal engagement with a particular concern.

Symbolic: Constricting > Sensing > Deciding
Vector:
[0.7, 0.0, 0.5, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.3]

Metadata: { valence: "mixed", arousal: 0.5 }

EL1.170 — Mental Fatigue

Term: mental fatigue
POS: noun

Definition:

A state of cognitive depletion involving acceptance, reduced decisional clarity, and diminished motivational activation.

Symbolic: Accepting > Sensing
Vector:
[0.4, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 1.0]

Metadata: { valence: "negative", arousal: 0.2 }

EL1.171 — Self-Worth

Term: self-worth
POS: noun

Definition:
A state of positive self-evaluation involving appreciation, expansion, and stable acceptance of one's own value.

Symbolic: Appreciating > Expanding > Accepting
Vector:
[0.1, 0.0, 0.0, 0.8, 0.0, 0.0, 0.0, 1.0, 0.0, 0.7]

Metadata: { valence: "positive", arousal: 0.4 }

EL1.172 — Self-Critique

Term: self-critique
POS: noun

Definition:
A state of inward evaluative constriction involving negative appraisal, decisional reflection, and reduced motivational openness.

Symbolic: Constricting > Deciding > Accepting
Vector:
[0.3, 0.0, 0.6, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.5]

Metadata: { valence: "mixed", arousal: 0.4 }

EL1.173 — Self-Expansion

Term: self-expansion
POS: noun

Definition:
A state of personal growth involving expansion, appreciative openness, and forward-oriented motivational engagement.

Symbolic: Expanding > Appreciating > Boosting
Vector:
[0.1, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.9, 0.7, 0.5]

Metadata: { valence: "positive", arousal: 0.6 }

EL1.174 — Self-Doubt

Term: self-doubt
POS: noun

Definition:
A state of diminished self-evaluation involving constriction, sensing, and reduced motivational confidence.

Symbolic: Constricting > Sensing > Accepting
Vector:
[0.6, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.4]

Metadata: { valence: "negative", arousal: 0.4 }

EL1.175 — Self-Trust

Term: self-trust
POS: noun

Definition:
A state of internal confidence involving acceptance, decisional clarity, and stable motivational grounding.

Symbolic: Accepting > Deciding > Expanding
Vector:
[0.1, 0.0, 0.7, 0.6, 0.0, 0.0, 0.0, 0.0, 0.0, 1.0]

Metadata: { valence: "positive", arousal: 0.4 }

EL1.176 — Self-Reproach

Term: self-reproach
POS: noun

Definition:
A state of inward negative appraisal involving constriction, decisional evaluation, and acceptance of personal fault.

Symbolic: Constricting > Deciding > Accepting
Vector:
[0.3, 0.0, 0.6, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.5]

Metadata: { valence: "negative", arousal: 0.5 }

EL1.177 — Self-Acceptance

Term: self-acceptance
POS: noun

Definition:
A state of inward openness involving acceptance, appreciation, and reduced defensive constriction toward one's own qualities and limitations.

Symbolic: Accepting > Appreciating > Expanding
Vector:
[0.1, 0.0, 0.0, 0.6, 0.0, 0.0, 0.0, 0.8, 0.0, 1.0]

Metadata: { valence: "positive", arousal: 0.3 }

EL1.178 — Self-Confidence

Term: self-confidence
POS: noun

Definition:
A state of internal assurance involving boosting, acceptance, and stable motivational orientation.

Symbolic: Boosting > Accepting > Expanding
Vector:
[0.1, 0.0, 0.0, 0.7, 0.0, 0.0, 0.0, 0.0, 1.0, 0.8]

Metadata: { valence: "positive", arousal: 0.6 }

EL1.179 — Self-Compassion

Term: self-compassion
POS: noun

Definition:
A state of gentle inward openness involving acceptance, appreciation, and reduced constriction toward one's own suffering.

Symbolic: Accepting > Appreciating > Expanding
Vector:
[0.1, 0.0, 0.0, 0.6, 0.0, 0.0, 0.0, 0.8, 0.0, 1.0]

Metadata: { valence: "positive", arousal: 0.3 }

EL1.180 — Self-Disgust

Term: self-disgust
POS: noun

Definition:
A state of inward aversive constriction involving negative appraisal, distancing from aspects of oneself, and protective withdrawal.

Symbolic: Constricting > Deciding > Sensing
Vector:
[0.4, 0.0, 0.6, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.3]

Metadata: { valence: "negative", arousal: 0.6 }

EL1.181 — Unease

Term: unease
POS: noun

Definition:
A state of low-grade threat sensing involving mild constriction, vigilance, and reduced internal stability.

Symbolic: Sensing > Constricting > Accepting
Vector:
[0.8, 0.0, 0.0, 0.0, 0.9, 0.0, 0.0, 0.0, 0.0, 0.4]

Metadata: { valence: "negative", arousal: 0.4 }

EL1.182 — Alarm

Term: alarm
POS: noun

Definition:
A state of acute threat activation involving strong sensing, constriction, and immediate motivational readiness.

Symbolic: Sensing > Constricting > Boosting
Vector:
[1.0, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.7, 0.0]

Metadata: { valence: "negative", arousal: 0.95 }

EL1.183 — Tension

Term: tension
POS: noun

Definition:
A state of internal or interpersonal strain involving constriction, sensing, and reduced emotional openness.

Symbolic: Constricting > Sensing > Accepting
Vector:
[0.6, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.4]

Metadata: { valence: "mixed", arousal: 0.5 }

EL1.184 — Foreboding

Term: foreboding
POS: noun

Definition:
A state of anticipatory threat involving heightened sensing, constriction, and negative expectancy.

Symbolic: Sensing > Constricting > Accepting
Vector:
[0.9, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.5]

Metadata: { valence: "negative", arousal: 0.7 }

EL1.185 — Composure

Term: composure
POS: noun

Definition:
A state of stable internal regulation involving acceptance, reduced constriction, and low-activation sensing.

Symbolic: Accepting > Sensing
Vector:
[0.3, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 1.0]

Metadata: { valence: "positive", arousal: 0.2 }

EL1.186 — Hypervigilance

Term: hypervigilance
POS: noun

Definition:
A state of heightened and sustained threat monitoring involving strong sensing, constriction, and elevated motivational readiness.

Symbolic: Sensing > Constricting > Boosting
Vector:
[1.0, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.8, 0.0]

Metadata: { valence: "negative", arousal: 1.0 }

EL1.187 — Edginess

Term: edginess
POS: noun

Definition:
A state of heightened irritability and low-grade threat activation involving sensing, constriction, and mild boosting.

Symbolic: Sensing > Constricting > Boosting
Vector:
[0.9, 0.0, 0.0, 0.0, 0.8, 0.0, 0.0, 0.0, 0.5, 0.0]

Metadata: { valence: "mixed", arousal: 0.6 }

EL1.188 — Dreadlessness

Term: dreadlessness
POS: noun

Definition:
A state of reduced threat perception involving acceptance, low constriction, and diminished defensive activation.

Symbolic: Accepting > Sensing
Vector:
[0.2, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 1.0]

Metadata: { valence: "positive", arousal: 0.2 }

EL1.189 — Alertness

Term: alertness
POS: noun

Definition:
A state of heightened perceptual readiness involving strong sensing, mild boosting, and low constriction.

Symbolic: Sensing > Boosting
Vector:
[1.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.7, 0.0]

Metadata: { valence: "mixed", arousal: 0.7 }

EL1.190 — Safety

Term: safety
POS: noun

Definition:
A state of internal and relational security involving acceptance, reduced constriction, and low-activation sensing.

Symbolic: Accepting > Sensing
Vector:
[0.2, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 1.0]

Metadata: { valence: "positive", arousal: 0.1 }

EL1.191 — Buoyancy

Term: buoyancy
POS: noun

Definition:
A state of light positive activation involving uplift, expansion, and easeful motivational flow.

Symbolic: Expanding > Boosting > Appreciating
Vector:
[0.1, 0.0, 0.0, 0.9, 0.0, 0.0, 0.0, 0.7, 0.8, 0.5]

Metadata: { valence: "positive", arousal: 0.6 }

EL1.192 — Radiance

Term: radiance
POS: noun

Definition:
A state of bright positive expression involving expansion, appreciation, and energized openness.

Symbolic: Expanding > Appreciating > Boosting
Vector:
[0.2, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.9, 0.7, 0.5]

Metadata: { valence: "positive", arousal: 0.7 }

EL1.193 — Enthusiasm

Term: enthusiasm
POS: noun

Definition:
A state of energized positive engagement involving boosting, expansion, and forward-oriented motivational drive.

Symbolic: Boosting > Expanding > Appreciating
Vector:
[0.1, 0.0, 0.0, 0.8, 0.0, 0.0, 0.0, 0.6, 1.0, 0.5]

Metadata: { valence: "positive", arousal: 0.8 }

EL1.194 — Uplift

Term: uplift
POS: noun

Definition:
A state of positive elevation involving expansion, appreciation, and gentle motivational activation.

Symbolic: Expanding > Appreciating > Accepting
Vector:
[0.1, 0.0, 0.0, 0.8, 0.0, 0.0, 0.0, 1.0, 0.0, 0.7]

Metadata: { valence: "positive", arousal: 0.5 }

EL1.195 — Exuberance

Term: exuberance
POS: noun

Definition:
A state of high-energy positive activation involving strong boosting, expansion, and expressive motivational flow.

Symbolic: Boosting > Expanding > Appreciating
Vector:
[0.1, 0.0, 0.0, 0.9, 0.0, 0.0, 0.0, 0.7, 1.0, 0.6]

Metadata: { valence: "positive", arousal: 0.9 }

EL1.196 — Agitation

Term: agitation
POS: noun

Definition:
A state of heightened internal activation involving constriction, boosting, and restless motivational energy.

Symbolic: Constricting > Boosting > Sensing
Vector:
[0.6, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.8, 0.3]

Metadata: { valence: "negative", arousal: 0.8 }

EL1.197 — Depletion

Term: depletion
POS: noun

Definition:
A state of reduced internal resources involving acceptance, low boosting, and diminished motivational capacity.

Symbolic: Accepting > Sensing
Vector:
[0.4, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 1.0]

Metadata: { valence: "negative", arousal: 0.2 }

EL1.198 — Heaviness

Term: heaviness
POS: noun

Definition:
A state of emotional weight involving constriction, acceptance, and reduced motivational activation.

Symbolic: Constricting > Accepting > Sensing
Vector:
[0.3, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.5]

Metadata: { valence: "negative", arousal: 0.3 }

EL1.199 — Distress

Term: distress
POS: noun

Definition:
A state of negative activation involving strong constriction, heightened sensing, and urgent motivational agitation.

Symbolic: Constricting > Sensing > Boosting
Vector:
[0.8, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.7, 0.0]

Metadata: { valence: "negative", arousal: 0.9 }

EL1.200 — Wistfulness

Term: wistfulness
POS: noun

Definition:
A state of gentle reflective longing involving appreciation, acceptance, and soft emotional openness toward what is absent or past.

Symbolic: Appreciating > Accepting > Expanding
Vector:
[0.1, 0.0, 0.0, 0.6, 0.0, 0.0, 0.0, 0.8, 0.0, 1.0]

Metadata: { valence: "mixed", arousal: 0.3 }

End of EL-1 v0.4

EL-1 v0.4 concludes at EL1.200.

This version preserves full cumulative integrity across EL1.1–EL1.200 and introduces the 80-term expansion that bridges the foundational lexicon (v0.1–v0.3) to the high-resolution emotional microstates developed in v1.0.

All entries in v0.4 are:

- TS-6 compliant

- symbolically and vector-coherent

- non-redundant with prior versions

- architecturally aligned with the CEF canon

No additional terms belong to v0.4.

All further expansions begin with **EL1.201** and are part of **EL-1 v1.0**.